

Clariane and OpinionWay unveil the first overview of caring in Europe¹: an essential and demanding role, carried out by more than one in four Europeans

To mark France's National Carers' Day, Clariane is publishing the results of an unprecedented survey, conducted with OpinionWay, of 13,500 people in six European countries, which reveals that **28% of respondents provide care to someone close to them.**

The study provides an accurate picture of Europe's non-professional carers, the millions of people who care for a loved one with impaired independence.

More than one in four Europeans affected

- **28% of Europeans** say they regularly care for a loved one with impaired independence. These carers have an average age of 47, and the majority are in work (71%) and urban residents (55%).
- There are **significant differences between countries** in northern and southern Europe: from 23% in Germany to 34% in Italy and 35% in Spain.
- **A quarter (24%) of French people** report being carers.

Primarily family-focused care

- In nearly 9 out of 10 cases, carers care for a family member, most often a **parent or grandparent (59%)**.
- **In France, 61%** care for a parent or grandparent. In comparison, this proportion rises to **68% in Spain**, while in the **Netherlands**, nearly a quarter (23%) of carers support someone outside their family (such as a neighbour or friend).

Why do they provide care? Age (84%) and illness (78%) are the main reasons, while disability is placed third (53%).

The multifaceted and demanding nature of caring

- Carers devote an average of **13 hours a week** to their loved ones, almost two hours a day.
- They provide multiple types of care:
 - **practical** (73%): shopping, travel and everyday organisation,
 - **psychological** (59%),
 - **administrative** (54%),
 - **physical** (40%): toileting, dressing and providing daily care,
 - **financial** (22%).
- In France, **administrative (60%)** and **psychological care (62%)** are more pronounced than average. On the other hand, physical care is less common (26% versus 40% in

¹ Methodology: OpinionWay survey of 13,488 people representing the population aged 18 and over in six European countries (France, Germany, Italy, Spain, Belgium and the Netherlands), conducted for Clariane between 18 and 25 August 2025. Sample selected using the quota method (sex, age, socio-professional category, region, place of residence and income). Online self-administered interviews (CAWI). Study conducted in accordance with the ISO 20252 standard.

Europe), a sharp contrast with Italy and Spain where more than half of carers (54%) provide this type of care.

A strong personal commitment

- 8 out of 10 carers are solely responsible for the bulk of the care provided. 84% consider this commitment a choice and 9 out of 10 take pride in it.
- France follows a similar trend, with the overwhelming majority **proud** to provide care (90%), while more than half are **happy** to care for their loved one.

For Sophie Boissard, Chief Executive Officer of the Clariane group: *“The results of this study confirm the essential role of caregivers across Europe: more than one in four families is directly concerned. This commitment, both considerable and too often silent, calls for stronger recognition of their contribution and invites us collectively to strengthen the support they deserve.”*

About Clariane

Clariane is the leading European community of care in times of vulnerability. It has operations in six countries: Belgium, France, Germany, Italy, the Netherlands and Spain.

Relying on their diverse expertise, each year, the Group's 63,000 professionals provide services to 900,000 patients and residents in three main areas of activity: care homes (including Korian and Seniors Residencias), healthcare facilities and services (such as Inicea, Ita and Grupo 5) and alternative living solutions (including Ages & Vie).

In June 2023, Clariane became a purpose-driven company and added to its bylaws a new corporate purpose, common to all its activities: “Taking care of each person's humanity in times of vulnerability”.

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